

Me and My Physical Development

Pupils will continue to work on their individual physiotherapy programmes each morning with continuing guidance from the Physiotherapists and Occupational Therapists. Some pupils in Class 11 will continue to have 1:1 rebound sessions with one of our rebound therapists. These sessions are on a rolling programme and will allow pupils the freedom to move safely, whilst building spatial awareness and independence. Some pupils from Class 11 will be having their hydrotherapy swims during the week and will be learning to move in various ways in the water; experiencing increased independence and mobility.

Class 11 will have opportunities to use the swings, wooden trim trail and other outdoor spaces both during playtimes as well as during focused physical development target work. Class 11 will continue developing many different physical skills through weekly sensory PE lessons this term.



Me and My Communication

Class 11 will continue to develop their communication skills throughout the day, learning to use their appropriate communication aids in a greater variety of settings and situations. We will be working on communicating a consistent yes and no response in ALL positions/situations; for example, while sitting, while lying on the floor, while standing. Some pupils are learning to use eye pointing, switches and symbols to communicate how they are feeling or to share opinions e.g. what they think of an activity or lesson. Pupils are learning to communicate their wants, needs and opinions throughout the day.

Our Sensory Story for this Term is 'The Case of the Vanishing Granny.' Pupils will have the opportunity to predict and anticipate what is going to happen within the story and will learn to make comments, share opinions and express wants and needs using their appropriate communication aids. Emotions of the characters within the story will also be explored.

Pupils will have the opportunity to explore different mediums and genres of literature such as fiction and non fiction/audio books and CDs through library visits, library resources and RE week texts.

Through sharing spaces, resources and collaborating during specific activities such as Lego Therapy and lunchtime clubs, pupils will be given opportunities to interact with one another and develop social communication skills.

CLASS 11 SPRING 2022

Me and My Creativity

During the Spring Term Class 11 will be learning to create optical illusions and 'magic art' using their hands and/or tools. They will learn to create and reveal lights, shapes and colours. This will link to our sensory story session 'The Case of the Vanishing Granny.' Pupils will learn to make predictions about what might be hidden beneath pictures/what they might be able to reveal as well as learning to use big and small movements and strokes to create.

This term Class 11 will be continuing to work with our music teacher Nyree to develop their musical skills through a range of exciting musical experiences. Weekly Assemblies and opportunities to access Electric Umbrella over Zoom will also encourage pupils to be creative through song, music and movement. Some of our pupils will also have art and music therapy sessions lead by therapists on a rolling programme.

MOVE

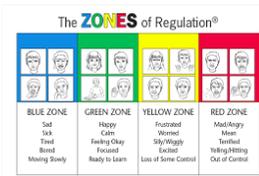
Some pupils in Class 11 will continue to work on mobility skills throughout the day. Some pupils will have MOVE targets working towards individual goals. These targets are integrated into different daily activities. Some pupils will be learning to take reciprocal steps towards motivating items or places. These pupils will also be learning to help with transfers into their walkers, learning to weight bear for increasing periods of time. Some pupils will be learning to move their hands and legs to make things happen such as using one hand to stabilise an iPad whilst the other hand swipes when using an app. Big and small movements will be worked on appropriately. Some of Class 11 will be working on bench sitting and using physio balls or peanuts to roll and stand with.

Skills needed for out in the community and for Preparing for Adulthood will be developed. For some pupils this will include learning to sit on standard classroom chairs and sitting with hands or elbows on a table. Some pupils will learn to stand to be changed.

Some pupils will be learning to develop their head control in standing frames and/or wheelchairs to support with communication, social interactions and visual discrimination. Motivating activities and resources will be used to help pupils sustain head control for extended periods of time.

Preparing for
Adulthood





How you can help at home

Look at the DFE's 'Preparing for Adulthood' website and consider what skills your child may need to work towards the 4 key aims (Independent Living, Community Inclusion, Health and Employment.)

Discuss current events or 'big questions' and encourage your child to share their thoughts and opinions including how they feel about a certain topic for example climate change.

Use Zones of Regulation to support with identifying feelings and emotions.

Encourage your child to develop a consistent yes and no response in whatever position or place they are in, wherever and whoever they are with. For example, sitting with you in the living room or lying down in bed.

Give your child the opportunity to be as independent as possible. For example, hanging up their own bag/coat, helping prepare food, cleaning using safe products, washing up, tidying away clothes and toys. Encourage your child to complete simple tasks around the home independently such as laying the table for dinner.

Give your child plenty of opportunities to develop decision making skills and to develop and understand consent. For example how they want their hair styled/what they want to wear/who they want to support them with their personal hygiene and self care needs.

Talk about money and budgets and allow your child to help buy things where and when appropriate for example using a self serve machine at a supermarket. Introduce the concept of personal payments to your child,

Me and My Community

During the Spring Term Class 11 will learn about being part of a community and Preparing for Adulthood. For some pupils this will include using the Mobile Home to learn independent living and community inclusion skills such as cleaning, tidying and sharing spaces with others. Pupils will also develop confidence when exploring new activities and unfamiliar places around school. Some pupils will be learning to have wider world discussions and debates including questions from 'Big ideas for Curious minds' using their appropriate communication aids. This will enable pupils to develop community skills, resilience and will promote good mental health and wellbeing.

Pupils will take part in various current events and festivals including Christianity and Sikhism weeks and Red Nose Day. Pupils will learn and explore through different mediums such as art, literature and cooking.

Computing skills will be integrated through targeted switch work, touch screen work and access to AACs.



CLASS 11 AUTUMN TERM 2021

Me and My Relationships

Class 11 will continue to work on self-help and self-care skills during the Spring Term. This will include learning to develop informed decisions and consent around personal care e.g. deciding who could help them clean their face/take them to the bathroom. During 'Touch and Taste' consent will be a focus.

Class 11 will continue to develop understanding of wellbeing and emotions through different mediums and topics including through our Sensory Story. Pupils will learn about the 'Zones of Regulation' and develop understanding of a 'ready to learn' state. For some pupils this may include having access to calming, organising or alerting activities throughout the day such as sensory circuits, deep pressure massage and sensory items.

Some pupils will take part in Attention Autism sessions throughout the week where they will learn to share a space with their peers as they experience awe and wonder. Pupils will learn to take turns in games and activities.

Me and My Maths

This Term Class 11 will be learning about money and budgets. This will include learning about wish lists, coin and note discrimination and beginning to understand the concept of personal budgets and personal payments.

In cooking we will learn to make pancakes. Class 11 will be learning to sequence, follow instructions, count out ingredients and develop understanding of cause and effect through switch work. Functional shape and measure will also be explored through 'Touch and Taste' sessions.

Some pupils will be learning to organise tasks systematically through individual work tasks and TEACCH systems, learning to work left to right and using a finished box.

All pupils will learn to problem solve throughout the day. This will include opening and closing containers, turning items on and off, finding where items are located and using fine motor skills or large movements to manipulate objects. Pupils will be encouraged to consider the spaces around them and their bodies through MOVE and physical activities.

Any queries please contact the Class 11 team!
Thank you for your continued support
Natalie, Dale, Sophie, Becky, Ashley, Jess and Jackie.