

### **Me and My Physical Development**

All pupils will continue to work on their individual physiotherapy programmes each morning with continuing guidance from the Physiotherapists and Occupational Therapists. Some pupils in Class 8 will continue to have 1:1 rebound sessions with one of our rebound therapists. These sessions are on a rolling programme and will allow pupils the freedom to move safely, whilst building spatial awareness and independence. Some pupils from Class 8 will be having their hydrotherapy swims during the week and will be learning to move in various ways in the water; experiencing increased independence and mobility.

Class 8 will continue developing many different physical skills through weekly sensory PE lessons this term.

### **Me and My Communication**

Class 8 will continue to develop their communication skills throughout the day, learning to use their appropriate communication aids in a greater variety of settings and situations. We will be working on communicating a consistent yes and no response in ALL positions/situations; for example, while sitting, while lying on the floor, while standing. Some pupils are learning to use eye pointing, switches and symbols to communicate how they are feeling or to share opinions e.g. what they think of an activity or lesson. Pupils are learning to communicate their wants and needs throughout the day.

Class 8 will also continue to make choices about what kind of media/literature they want to access in our school library (e.g. non-fiction, fiction, poetry, magazines, audio books, DVDs, CDs.) Pupils will also explore literature relating to our RE weeks this term. Pupils will be able to take items out of the library, learning to follow appropriate systems; and will take items home, learning to take responsibility for items.

This term we be engaging in some sensory stories.

## **CLASS 8 AUTUMN TERM 2020**

### **Me and My Creativity**

This term Class 8 will be continuing to work with our music teacher Nyree to develop their musical skills through a range of exciting musical experiences.

We are exploring how we can be creative with natural art resources. This will include going on scavenger hunts around the school grounds and collecting natural materials to then make a piece of art work with. We will also be experimenting with using natural objects a tools, for example, painting with feathers.



### **MOVE**

Some pupils in Class 8 will continue to work on mobility skills throughout the day. Some pupils will have MOVE targets working towards individual goals. These targets are integrated into different daily activities. Some pupils will be learning to take reciprocal steps towards motivating items or places. These pupils will also be learning to help with transfers into their walkers, learning to weight bear for increasing periods of time. Some pupils will be learning to move their hands and legs to make things happen such as using one hand to stabilise an iPad whilst the other hand swipes when using an app. Big and small movements will be worked on appropriately. Some of Class 8 will be working on bench sitting and using physio balls or peanuts to roll and stand with.

Skills out in the community will also continue to be focused on this term. For example, some pupils are learning to sit on standard class chairs for short periods of time instead of sitting in their wheelchairs for extended periods of time. This is to give pupils the chance to use standard chairs that they might encounter in the community such as in a restaurant or café. Some pupils will be learning to stand to be changed.



### Me and My Community

This term Class 8 will be continuing to build on our skills of social interaction and sharing attention, and get to know new staff and peers. We will be playing a variety of games such as simple board games, interactive games such as 'ice cream scooping' and 'Jenga'. We are also going to be learning to work and communicate as a team through 'Lego therapy' sessions.

We will be exploring and learning about how we can be safely part of a virtual community and how this is becoming a 'new normal'.

This term, during our Religious Education Focus Weeks, we will be exploring Judaism and Hinduism.

We will also be taking part in various Christmas activities. As part of this work, pupils will take part in



### How you can help at home.....

Look at the DFE's 'Preparing for Adulthood' website. Preparing for Adulthood is a programme for adults with SEN. Looking at their aims will help you understand their core aims; Employment, Independent Living, Community Inclusion and Health.

Encourage your child to develop a consistent yes and no response in whatever position or place they are in, wherever and whoever they are with. For example, sitting with you in the living room or lying down in bed.

Talk to your child about shapes and positions of objects during functional situations, e.g. "your ball is on top of the box". Involve your child in functional counting activities e.g. how many chairs are needed around the table. Have a go at making pattern pictures or tessellating objects from the recycling box!

Encourage and give your child the opportunity to be as independent as possible. For example, hanging up their own bag/coat or choosing what to wear, helping prepare their snack for school

Encourage them to help with tasks around the home such as, a simple snack or drink, making cakes or biscuits, putting clothes away, washing up, putting the washing in, pairing socks, following instructions to assist with care needs etc. this will help their independence skills.



## CLASS 8 AUTUMN TERM 2020

### Me and My Relationships

Also this term class 8 will be continuing to develop their own self- help skills learning to be as independent as possible in their own self - care needs. A significant part of our learning will be focused on personal hygiene including hand washing. We will continue to use mirrors to review how we look. Is our face clean? Would we like to have our hair re-done? We will also be learning to relax and share spaces.

Class 8 are continuing to learn about mental health and emotional well-being this term. This is part of the DFE's Preparing for Adulthood aims and will include learning about theirs and others health. We will continue to focus on friendships and learn about making choices within our friendship groups and not having to do what our friends tell us to do.

### Me and My Maths

This term, pupils will start to learn about the concept of time and start to recognise key events throughout the day. We will focus on being able to indicate and read key times throughout the day.

We will be looking at and ordering and sequencing events in the past, present and future. We will begin to build a class calendar of events. We will also be learning how long different activities take and having some fun challenges to see if we can complete tasks against the clock!

Another activity will be using our measuring and number skills to make up healthy snack pots for class. Will we have to follow instructions to know how many scoops of different dried food etc. to fill in each snack pot. Some of us will also have to practise our data collection skills by taking orders or choices of snack. We are refining this skill and developing the next steps. Some pupils are learning to independently fill a set number of pots and to know when they are finished. We are developing our understanding of space, shape and measure in practical



Any queries please contact the Class 8 team!

Thank you for your continued support  
Susie, Samantha, Kim, Sharon, Lee, Sonia, and Neil.