

Me and My Personal Development

During the Autumn Term Class 3 are learning about Puberty and changes as we grow up. This will include learning about the changes to their bodies as well as learning about emotional changes and hormones. Pupils will learn to recognise changes in themselves and will be encouraged to share how these changes are making them feel e.g. worried, cross or unsure. Class 3 will also be having a special yoga and wellbeing session once a week where they will learn calming skills including how to self-regulate, recognise emotions and reflect on feelings and experiences.

Class 3 will be developing independence and self-help skills including cleaning, dressing and undressing, toileting and personal care as well learning to wash their hands at regular intervals throughout the day.



Me and My Communication

During the Autumn Term Class 3 will be learning to develop their communication skills in many different forms. During a specific speaking and listening session pupils will use talk tools to help develop their speech, vocalisations and language as well as working on their listening skills and sound discrimination.

This term our big book is 'Peace at Last.' Pupils will be learning to read new words in the story as well as learning to anticipate, engage and predict. Some pupils will be developing their speech and letter sounds. Class 3 will also have a weekly Phonics session.

All pupils will also develop their handwriting and mark making skills during a specific writing session. Pupils will also learn to write or make selections using keyboards, technology and touch screens.

Class 3 will practise using PODD books together, focusing on core vocabulary, communicating yes and no and descriptive words. Some pupils will be taking part in a specific 'Touch and Taste' session. These pupils will be learning to communicate their likes and dislikes, preferences and develop the repertoire of foods that they taste and eat.

CLASS 3 AUTUMN TERM 2020

Me and My Creativity

Class 3 will have weekly music sessions with our Music Teacher Nyree. Pupils will be learning to express themselves through different instruments, sounds and movement.

During art sessions Class 3 will be learning to create different night time scenes linked to our Big Book 'Peace at Last.' Pupils will learn different techniques on how to create "starry nights" using paint and splatter techniques! Pupils will use their voices and communication aids to describe their art work.

Me and My Maths

Pupils will be learning skills for employment as part of 'Preparation for Adulthood' through the medium of dried foods and products (e.g. cans, tins, toothpaste, kitchen roll etc.) Pupils will learn skills needed to work in a supermarket or shop such as sorting, classifying, problem solving and stacking.

During the Autumn Term pupils will also be learning about patterns during a math session. This will include copying and replicating patterns. Pupils will also learn to recognise and copy functional patterns e.g. how something is made and in what order. Pupils will follow TEACCH systems to support them.

In cooking this Term some pupils are learning to make fruit kebabs. They will be learning to follow recipes, cut, count out, peel, use different equipment and tidy up after themselves.

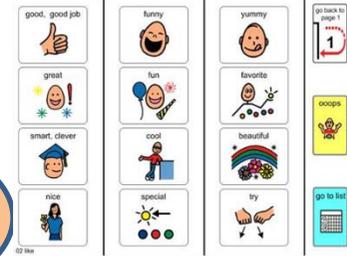
Pupils will have a weekly Attention Autism session with a number and shape focus.



Me and My Physical Development

This term pupils are learning ball skills in PE. This will help pupils develop their gross motor skills and co-ordination as well as team playing skills. Pupils will be learning to kick, throw and pass to each other. Pupils will develop their fine motor skills daily, including during workbags, which are tailored to pupil's specific needs.

Pupils will develop fine motor skills when putting their shoes on and off or doing zips, buttons and fasteners, developing their independence and self-help skills.



How you can help at home

Talk to your child about changes to their bodies that they are experiencing or will be experiencing soon. Show your child items that they may need to use in the near future (or may be beginning to use) such as deodorant and crop top bras and talk to them about their uses. If you need further support with this do let us know. You can also talk to your child about emotional changes that they may be experiencing.

Involve your child in unpacking shopping or tidying cupboards/fridges at home. Talk to them about the different categories e.g. "should this go with the tins or with the drinks?"

Play board games and turn taking games where your child experiences both winning and losing and talk about how this is a part of life.

Use the core vocabulary PODD sheet that was sent home in your home learning packs in everyday life. If you no longer have this, another copy can be sent home.

Read different stories, road signs, menus and pamphlets with your child pointing out key words to support their functional reading skills.

CLASS 3 AUTUMN TERM 2018

We hope this gives you a brief overview of some of what we are learning this term as part of our restorative curriculum! Do let me know if you want any help with trying activities at home!

Thank you for your ongoing support.

Class 3 Team Natalie, Ivana, Janet, Iona



Me and My World

Class 3 will develop their community skills during the Autumn Term in the classroom. This will include learning about what it means to be a good citizen and a good friend through games and play. Pupils will be learning to collaborate, negotiate, direct and respond to each other as well as learning to accept winning and losing.

Class 3 will also have a weekly Assembly where we share current events including what is in the news, what is happening in class (e.g. birthdays) and festivals and celebrations.

Pupils will take part in RE focus weeks on Judaism and Hinduism where they will learn to explore different cultures through art, dance, music, foods and stories.

Class 3 will explore different technologies and media throughout the school week during lessons and play. During specific writing sessions pupils will learn to use keyboards, iPads and touch screens to input letters and words.