

## Woodfield School Winter/Spring 2019/20

Week One:				
4 <sup>th</sup> November, 25 <sup>th</sup> November, 16 <sup>th</sup> December, 6 <sup>th</sup> January, 27 <sup>th</sup> January, 24 <sup>th</sup> February, 16 <sup>th</sup> March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with optional Gravy and Creamed Potatoes	Beefy Pasta Bolognese	Roast Pork with Sage and Onion Stuffing and Roast Potatoes or Wholemeal Pasta	Chicken Curry with Rice	Salmon Nibbles with low fat Chips or Pasta
Cheese and Broccoli Bake (v)	Bean Burger (v)	Vegetable Lasagne with Side Salad (v)	Sweet Potato Slice (v)	Cheese and Tomato Pizza with low fat Chips or Pasta (v)
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Week Two:				
11 <sup>th</sup> November, 2 <sup>nd</sup> December, 13 <sup>th</sup> January, 3 <sup>rd</sup> February, 2 <sup>nd</sup> March, 23 <sup>rd</sup> March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Korma Fillet with Savoury Rice	Burger in a Bun with Potato Wedges	Roast Chicken with Stuffing and Roast Potatoes or Wholemeal Pasta	Beef Lasagne with Side Salad	Fish Fillet with low fat Chips or Pasta
Macaroni Cheese with Garlic Bread (v)	Beany Bolognese with Pasta (v)	Creamy Vegetable Pie (v) (Deconstructed) with Roast Potatoes or Wholemeal Pasta	Quorn Pattie (v) with Potato Wedges	Cheese and Tomato Pizza with low fat Chips or Pasta (v)
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Week Three:				
18 <sup>th</sup> November, 9 <sup>th</sup> December, 20 <sup>th</sup> January, 10 <sup>th</sup> February, 9 <sup>th</sup> March, 30 <sup>th</sup> March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in Tomato Sauce with Pasta	Shepherd's Pie (De-constructed)	Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta	Chicken Pie (De-constructed) with Creamed Potatoes	Fish Fingers with Potato Wedges or Pasta
Veggie Sausages with Diced Potatoes (v)	Cheese Pinwheel with Diced Potatoes (v)	Vegetable Curry with Rice (v)	Quorn Hot Dog with Diced Potatoes (v)	Cheese and Tomato Pizza with low fat Chips or Pasta (v)
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings

### Available Daily:

- Freshly baked bread
- A selection of vegetables and bowl salads
- Various dessert options which include jelly, biscuits or sponge with custard
- Fresh fruit, yoghurt & cheese with biscuits