

Woodfield School Winter/Spring 2018/19

Week One: 5 th November, 26 th November, 17 th December, 7 th January, 28 th January, 25 th February, 18 th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb Slice* with Diced Potatoes	Chicken Curry with Rice	Roast Pork and Apple Sauce with Roast Potatoes or Wholemeal Pasta	Mexican Beef with Potato Wedges	Fish Fillet with Low Fat Chips or Pasta
Southern Style Quorn Grill with Pasta	Vegetable Curry with Rice	Quorn Pieces in Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta	Cheese Pinwheel with Tri-colour Pasta	Cheese and Tomato Pizza Wrap with Low Fat Chips or Pasta
Strawberry Mousse	Fruit Salad with Mini Shortbread Finger	Apple and Cinnamon Sponge	Fruit Wedges with Mini Cookie	Chocolate and Beetroot Muffin
Week Two: 12 th November, 3 rd December, 14 th January, 4 th February, 4 th March, 25 th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with optional Onion Gravy with Diced Potatoes	Lasagne with Salad	Roast Chicken with Stuffing and Roast Potatoes or Wholemeal Pasta	BBQ Pork with Savoury Rice	Fish Fingers with Low Fat Chips or Pasta
Vegetable Lasagne	Quorn Hot Dog with Potato Wedges	Quorn Southern Grill with Wholemeal Pasta	Vegetable Curry with Rice	Cheese and Tomato Pizza with Low Fat Chips or Pasta
Oaty Apple Layer with custard	Fruit Wedges with Mini Sponge Finger	Marble Sponge with Chocolate Custard	Fresh Fruit Salad with Mini Oat Cookie	Shortbread of the Day
Week Three: 19 th November, 10 th December, 21 st January, 11 th February, 11 th March, 1 st April				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Burger in a Bun with Vegetable Rice	Chicken Pie* with Creamed Potato	Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta	Baked Chicken Wrap with Potatoes	Salmon Fish Fingers with Low Fat Chips or Pasta
Macaroni Cheese with Garlic Dough Balls	Roasted Vegetable Slice* with Pasta	Tomato Bolognese with Roast Potato or Wholemeal Pasta	Sweet Potato and Vegetable Curry with Rice	Favourite Pizza with Low Fat chips or Pasta
Yoghurt Muffins	Fresh Fruit Wedges with Mini Sponge	Chocolate Brickwall with Chocolate Sauce	Fresh Fruit Salad with Ice Cream	Forest Fruits Sponge

Available daily:

Jacket Potato with various fillings
 Freshly Baked Bread
 A selection of Vegetables and Bowl Salads
 Jelly, Biscuits or Sponge with Custard
 Fresh Fruit, Yoghurt and Cheese & Biscuits
 *de-constructed