

Me and My Independent Life

Cooking and cleaning continue to be important, and this term we have access to the new mobile home on site, where we will be learning to look after our own 'house'. Students will be learning to use cleaning equipment effectively.

Some will be learning to use public transport and road safety skills will be a focus for all students. Students will be learning to plan shopping trips, using lists where appropriate.

Me and My Relationships

We will be exploring different kinds of relationships this term, looking at the differences between friends and family and special relationships.

We will be learning about being with other people, different interests and taking turns.

POST 16 SUMMER TERM 2017

Me and My Future

As our coffee shop is now open, students will be learning hospitality and catering skills, serving coffee, making products to sell and looking after customers. Make sure you pop in for a drink and a bite to eat! It is open all day on Fridays and at school pick up time on Tuesdays.

All students are part of our Young Enterprise project, making and delivering staff lunches or designing, making and selling items. We will be attending a young enterprise day to show off our products to others. Look out for fathers' day gifts coming out soon!

Me and My Community

As we enjoy the summer, we will be taking advantage of local facilities such as parks and some students, and those who take part at Lamerwood will be tending to vegetable plots as well as continuing to build our shelter.

We will be thinking of others and what they need as part of our charity fundraising events.

This term our religious focus will be on Buddhism and we will be exploring the cultural aspects and, as usual exploring some of the food!

We will be all be visiting our local shops regularly and learning what we can buy from each of them.

We will be spending time in The Dell, looking at seasonal changes and growing and looking after plants.

Me and My Sport and Leisure

Students are taking part in regular physical activity throughout the week. In PE lessons we are focussing on being fit and healthy. Activities are designed to enhance mobility, balance and coordination. Some pupils are taking part in a deep water swimming lesson at Astley Cooper and we are delighted that the school pool is now open for students to enjoy. It is looking wonderful, and students are really enjoying learning in this great new facility.

We are learning aspects of performance, and are hoping to be able to play, sing and dance for others.

At lunch time, students have a range of physical activity clubs available to them. Students are encouraged to take part in at least one lunch time club a week. Physical activity clubs currently available to students are football, Boccia and tennis.

How you can help at home

Give your young person opportunities to help with tasks around the home, for example making a simple snack or drink; making cakes or biscuits; putting clothes away, washing up, putting the washing in, pairing socks. Helping with these tasks will help their skills and independence.

Ask them to help with simple cleaning tasks e.g. wiping and setting the table for dinner, washing up, sweeping the floor, using the Hoover.

Visit places, go to the park, the woods, and go for walks (many of the things you do already) encourage them to be as active as possible as it will help keep them healthy and they will learn through these experiences as well.

Encourage turn taking in simple games such as ball games, skittles, taking turns using the same equipment as others, e.g. iPads or Xbox.

POST 16 SUMMERTERM 2017

Any queries please contact the Post 16 team.

Thank you for your continued support ☺

Paul, Lorraine, Emma, Dale & Vicky

Me and My Functional Skills

In Post 16 we learn functional skills as part of everything we do throughout the week. We will be learning to hand over money in exchange for an item in different shops, and what coin or note we might need for a particular purchase. There will be lots of sensory learning activities for those students that learn in this way.

We will be learning to use our communication systems (whether speech, PECS or electronic communication systems) out in the community in situations in which we are less familiar.