

Me and My Personal Development

Class 7 will be continuing their learning about personal care and self help. In these sessions, we will be working on our personal care skills and learning to clean our teeth, wash our faces, spray deodorant and brush and style our hair. We will learn about personal safety as part of our relationship lessons. In our independence lessons, we will continue to work on our self - help skills and learning to cook and clean, enhancing our independence and daily living skills. This will include a specific lesson on eating out and ordering food, allowing pupils to develop their social awareness skills. Some pupils will start travel training and learn to use public transport as part of our college days out.

Me and My Communication

Pupils in Class 7 will continue to develop their own individual communication systems for making choices and requests. This learning will take place throughout the school day as well as in specific lessons. The aim for pupils is to start to generalise their communication skills in as many contexts as possible. When out in the community, pupils will be learning to interact with less familiar people when making requests e.g. when ordering in a café.

As part of our communication work, some pupils will take part in regular college sessions to communicate and interact with their college peers.

CLASS 7 AUTUMN TERM 2016

Me and My Creativity

This term pupils will be taking part in specifically designed art lessons in which they will learn and practice new art techniques. They will aim to create different images and design a range of items to give to others as presents on special occasions.

During our Aim Award Music sessions, pupils are choosing music and instruments to play to create different sounds to express their emotions and feelings.

Pupils are all offered the option of attending Choir as part of a lunch time club, giving the opportunity to perform and sing in some assemblies and during our Christmas Church service.

Me and My Mathematical Development

Class 7s mathematical development will take place in a number of different lessons this term.

Pupils will learn and demonstrate mathematical skills during our cooking sessions, during which they will learn to count, measure and weigh and follow a sequence to create a dish.

This term, pupils will be learning to make pancakes independently with a choice of sweet and savoury toppings. They will use the same recipe every week, learning to order and sequence the activity, and will need to weigh and measure a variety of ingredients consistently.

Pupils will learn, practice and start to generalise their skills of exchanging money for goods, both within the classroom and within the community. This will take place during regular shopping trips, community skills lessons and college visits.

Me and My Physical Development

Pupils are taking part in regular physical activity throughout the week. During our PE lessons we are focussing on dance and movement. Pupils are learning to follow dance sequences and also design their own. For our outdoor activities, pupils are using the Fitness Gym and the Circuit and taking part in a range of activities designed to enhance pupils' mobility, balance and coordination. Some pupils are taking part in a deep water swimming lesson at Astley Cooper School every Tuesday. We will soon be starting our Tennis sessions again, which some pupils will attend.

At lunch time, pupils have a range of physical activity clubs available to them. Pupils are expected to take part in at least one lunch time club a week. Physical activity clubs currently available to pupils are football and Boccia.

CLASS 7 AUTUMN TERM 2016

How you can help at home

Give your child opportunities to help with tasks around the home, for example making a simple snack or drink; making cakes or biscuits; putting clothes away, washing up, putting the washing in, pairing socks. Helping with these tasks will help their skills and independence.

Ask them to help with simple cleaning tasks e.g. wiping and setting the table for dinner, washing up, sweeping the floor, using the Hoover.

Visit places, go to the park, the woods, go for walks (many of the things you do already) encourage your child to be as active as possible as it will help keep them healthy and they will learn through these experiences as well.

Encourage your child to take turns in simple games including ball games, skittles, taking turns using the same equipment as siblings and other children.

Any queries please contact the Class 7 team.

Thank you for your continued support ☺

Lucy, Sharon, Shireen and Darren.

Me and My Understanding of the World.

This term, pupils will be exploring and learning about different cultures. We are very much looking forward to two RE focus weeks on Judaism and Hinduism and our visit from the Erasmus exchange students at the end of October. Students from Belgium, Poland and Romania will be visiting us for a week long exchange. Class 7 will have the opportunity to take part in a day trip to London with the Erasmus students.