



### **Me and my Physical Development**

Class 6 will continue to work on their individual physiotherapy programmes each morning this term with continuing guidance from the Physiotherapists and Occupational Therapists. Some pupils in Class 6 will continue to have 1:1 rebound sessions with the Sports Co-ordinator. These sessions are on a rolling programme and will allow pupils the freedom to move safely, whilst building spatial awareness and independence. Class 6 will be having their hydrotherapy swim on a Friday morning and will be learning to move in various ways in the water; experiencing increased independence and mobility. Some pupils will practise standing, walking, stepping and weight bearing in the water. In PE this term Class 6 will be learning to play Table Cricket. Physical development underpins every activity and lesson in Class 6.

### **Me and my Communication**

Class 6 will be learning to make pudding pots this term. Some pupils will be learning to follow instructions and recipes in order to direct the adults on what to do (e.g. “pour the yoghurt in now.”) Some pupils will be learning to count out ingredients themselves by scooping and pouring. They will be learning to make choices of what layers to include in their pots (e.g. yoghurt, fruit puree, honey etc.) and will use their appropriate communication aids to direct adults. Some of Class 6 will be learning to try different foods in Touch and Taste lessons. This will allow them to smell, feel and taste different foods in a safe and controlled way.

Class 6 will be learning to develop their communication skills in various appropriate ways such as learning to navigate through their communication books to find the correct page or by travelling to find someone to communicate with. Many of Class 6 are learning to gain adult attention through switches or making and maintaining eye contact.

## **CLASS 6 SPRING TERM 2017**

### **Me and my Creativity**

Class 6 will be learning to be creative through music and movement this term. This music and movement lesson will have a consistent structure allowing pupils to develop anticipatory skills. Class 6 will be learning to move their arms and legs to activate various instruments. They will then be learning to move their bodies on Resonance boards. This is a specialist sound board made of wood which amplifies sound and vibrations allowing pupils to work on cause and effect, body awareness, rhythm and intensive interaction. Pupils will learn to show preferences and responses to different genres of music. Pupils will be learning to join in with call and response songs using vocalisations and switches in the second half term.

### **MOVE**

Class 6 will continue to work on mobility skills in our MOVE lessons this term. Pupils' goals will be adapted as they make progress so that pupils are always achieving and always feel successful. Some of Class 6 will be learning to increase the strength and range in their limbs. They will learn to activate different equipment by moving their hands and feet. For some of Class 6 this will include using both hands to stabilise items with their weaker arm or bring their hands into a midline position to explore motivating objects. Some of Class 6 will be working on keeping their heads up in an erect position whilst using different equipment or whilst working on sitting on the floor. This will mean that they can access a wider variety of activities and can develop and sustain head control. Some of Class 6 will be using their walkers to walk increasing distances such as from the hall to the classroom and from class to the bathroom. We will continue work on transitioning; one of the main skills sets in the MOVE programme. Pupils are learning to be as independent as possible when transitioning.



### Me and my Community

Class 6 are learning where items live in our classroom as part of our community skills lesson this term. Pupils will learn to ask for items that are not visible (such as snacks, toys, motivating resources) by making requests using eye pointing, symbols, photos and communication aids. Some of Class 6 will be learning to extend their community skills by going on Class trips to sporting events on the school bus. Class 6 will continue to develop social skills and community skills at the local shops, café and bakery by making choices and paying for items.

### How you can help at home...

Work on the fine and gross motor skills over-arching targets your child has been set where possible. These will be in their EHCPs or Annual Review report. Consistent approaches between home and school will help your child understand what they are learning and what is expected of them whilst helping pupils feel successful and confident. The targets are also written in liaison with the physiotherapist and occupational therapists and so will help your child develop (or maintain) mobility, range and strength. If you do not have the facilities to work on them at home then adapt them to what you do have access to e.g. encouraging your child to sit up in the bath if they are learning to sit up on a flat surface at school.

Share with us what they have been up to on the weekends/holidays/evening so that we can include this in our Me and my Relationships topic this term. You can even send in photos if you like!

Any queries please contact the Class 6 team!

Thank you for your continued support ☺

Natalie, Ivana, Michelle, Jackie, Hollie, Michael, Jo, Lynn

## CLASS 6 SPRING TERM 2017

### Me and my Relationships

Class 6 are learning to communicate about themselves this term by telling stories about their lives. We believe our pupils have the right to communicate about what they experience and we know they all have a lot of say! This will start with pupils communicating likes, dislikes and personal strengths and will move onto communicating about special relationships (e.g. communicating friendships.) This will be through whatever is appropriate to the individual's communication needs e.g. clicker grids, switches, communication books or symbols. Pupils will then be given the opportunity to communicate about significant life events that have happened to them and communicate how these have made them feel. This might be holidays, outings, operations, house moves, bereavements and family changes. This will be dealt with sensitively with liaison with parents and carers.

Pupils will also continue work on their personal care skills in the classroom and toilet. For some of Class 6 they will be learning to make their need for the bathroom known through use of symbols, signing or vocalisations.

### Me and my Maths

Class 6 will be developing their functional maths skills this term through physical activities and through displaying their knowledge and expressive vocabulary (expressed through clicker grids, netbooks, symbols etc). Some of Class 6 will be learning to reach for and open containers in order to get a motivating content out (e.g. chocolate buttons, DVDs, light toys). This will help pupils develop their gross and fine motor skills. Some of Class 6 are learning to use eye pointing to explore reading the time on a digital clock in order to cook meals and snacks in the microwave. This group will then be learning to indicate from a timer when the meal has been cooked for long enough or if it needs more time.

Class 6 will also be exploring contrasting quantities in functional situations such as "do you want lots of cornflour to play with or a little?" or "do you want 1 chocolate button or lots?"