

## Me and my Physical Development

Class 6 will continue to work on their individual physiotherapy programmes each morning this term with continuing guidance from the Physiotherapists and Occupational Therapists. Some pupils in Class 6 will continue to have 1:1 rebound sessions with the Sports Co-ordinator. These sessions are on a rolling programme and will allow pupils the freedom to move safely, whilst building spatial awareness and independence. Class 6 will be having their hydrotherapy swims during the week and will be learning to move in various ways in the water; experiencing increased independence and mobility. Some pupils will practice kicking, floating, moving, standing, walking, stepping and weight bearing in the water. In PE this term Class 6 will be working on their MOVE and physical development targets through focussed sessions with the Sports Co-ordinator.

## Me and my Communication

Class 6 will be learning to make Eton Mess this term. Some pupils will be learning to follow instructions and recipes in order to direct the adults on what to do (e.g. "put the cream in now.") Some pupils will be learning to count out ingredients themselves by scooping and pouring. They will be learning to make choices e.g. what sauce to top the Eton mess with and will use their appropriate communication aids to direct adults. Some of Class 6 will be learning to try different foods in Touch and Taste lessons. This will allow them to smell, feel and taste different foods in a safe and controlled way. Pupils will be learning to feed themselves using their cutlery if appropriate. Pupils will learn to communicate 'more' and 'finished' as well as to appropriately decline tasters- e.g. by pushing them away.

Class 6 will continue to develop their communication skills throughout the day for example when choosing what they want to eat for snack or dinner, when making choices and decisions during choosing time, social interactions, intensive interaction sessions and during playtimes. All pupils' individual targets are imbedded into the class curriculum and day.

## Me and my Creativity

Class 6 will be learning to be creative through art this term. Class 6 will be learning to create mono-prints with their hands and arms for the first half term and then with their feet during the second half term. Pupils will be learning to recognise the effects they make with their fingers before placing the paper over their marks to create individual prints. Pupils will be encouraged to use both hands, extending their range as they move their arms. Pupils will be learning to make choices and comments using their appropriate communication aids e.g. on what colour paint to use or what they think of their work. When making the marks with their feet some pupils will be learning to use walkers and standing slings to kick, walk, stomp and tap with their toes through the paint. This will allow opportunities for pupils to work on their MOVE targets in creative and sensory situations.

# CLASS 6 SUMMER TERM 2017

## MOVE

MOVE is integrated into all aspects of Class 6 life and the Class 6 day. Class 6 will continue to work on mobility skills in our MOVE lessons this term. All pupils have MOVE targets working towards individual goals. Some pupils will be learning to take reciprocal steps towards motivating items or places. These pupils will also be learning to help with their transfers into their walkers, learning to weight bear for increasing periods of time. Some pupils will be learning to move their hands and legs to make things happen such as knocking over skittles or using one hand to stabilise an iPad whilst the other hand swipes when using an app. Big and small movements will be worked on appropriately.

Skills for the community will be focused on this term. For example some pupils are learning to sit on standard class chairs for short periods of time instead of sitting in their wheelchairs. This is to give pupils the chance to use standard chairs that they might encounter in the community such as in a restaurant or café. Some pupils will be learning to use toilet chairs or will be learning to stand to be changed. This will increase their independence and prepare them for experiences in the community.

## How you can help at home...

Send in stories, information and photos for our 'Me and my Relationships' work this term. This can be in whatever format you feel comfortable with; email, your child's diary, at parents evening, photos or video. The support we received for this lesson last term was fantastic and helped our pupils share their stories! All pupils have responded well to this lesson and have enjoyed communicating about themselves! Please feel free to contact me if you have any concerns or queries on this work.

Continue work on the fine and gross motor skills over-arching targets your child has been set where possible. All of the pupils in Class 6 also have MOVE targets which are listed on their learning pathways. You can work on these at home where possible. You do not need specialised equipment for a lot of these targets. For example if your child has a target on keeping their head in a midline position you can encourage them to do so during trips out or during family interactions. If you need advice on any of your child's physical development targets do not hesitate to contact myself or the Physiotherapy/Occupational therapy team.

Any queries please contact the Class 6 team!

Thank you for your continued support ☺

Natalie, Ivana, Michelle, Jackie, Hollie, Michael, Jo, Lynn

## Me and my Community

Class 6 will be learning to explore the local library as part of our community skills this term. They will learn to make choices, select books to look at and listen to (including audio-books) and will be learning to have new experiences. Class 6 will also continue work on their community skills at the local shops, café and school coffee shop. They will be learning to make choices and find and pay for items from shopping lists. Pupils will also be learning to look after their school community. They will be working on their ISEC skills of planning and preparing for events and trying new activities. They will make choices about what they want to learn and where they want to work on this e.g. planting seeds, watering plants or feeding the birds.

# CLASS 6 SUMMER TERM 2017

## Me and my Relationships

This term Class 6 are learning to communicate about changes in their lives. This is continuing the work we started last term on telling stories about their lives. Changes might include new equipment e.g. walkers, new activities over the last year e.g. swimming, new interventions such as Eye Gaze, family changes such as new members, new pets and changes in health. This will also touch upon some changing events that might have caused sadness such as bereavements or operations (if applicable or appropriate) with guidance from parents and carers. This will be through whatever is appropriate to the individual's communication needs e.g. photos, videos, clicker grids, switches or symbols. They will work on their ISEC targets within this work with many of the pupils communicating how these changes have made them feel e.g. sad/ excited/ happy.

We will then move onto changes about ourselves with some work on Sex and Relationships education. This will be delivered in small, differentiated groups which will only cover what is appropriate to the individual group, focusing on changes to our bodies.

## Me and my Maths

Class 6 will be learning to explore household objects during the Summer Term as part of their 'Me and my Maths' work. This will involve using fine motor skills and dexterity to match, open and explore. Objects will be relevant to the pupils such as glasses cases, hairbrushes and drinking cups. Some pupils will be learning to explore different actions such as rolling, tapping, holding, squeezing and shaking. Some pupils will be composing shopping lists during this lesson discussing quantities and amounts in functional situations e.g. we need more crisps. Shall we put one bag on our list or a multipack on our list? Pupils will use their appropriate communication aids to create the lists and make comments. Class 6 will also be learning to respond to functional directions. For some pupils this will involve learning to respond to left and right, stop and go in their power chairs or self-propelling chairs. For other pupils this will involve finding items, using navigational skills. For some pupils they will be learning to use a switch to activate a euro-train set with a large and motivating track. Slowly directional language will be introduced.