

Me and My Independent Life

We will be cooking and learning household skills in class and in the cookery room. We will also be using the mobile home that we have on site to learn about looking after our home and developing our vacuuming, dusting and cleaning. Students will be learning to plan shopping trips, using lists where appropriate.

Me and My Future

Our coffee shop opening hours are increasing, giving students the opportunity to learn to deal with customers, make food and serve drinks. They will be taking money and handling change.

We have a new Young Enterprise company this year called Thinking Big. We will be learning about business and making lots of lovely products for you to buy!

Students in Year 14 will be learning about the world of work in supported Internships and will be getting to know the colleges that they will be attending next year.

POST 16 AUTUMN TERM 2017

Me and My Relationships

We will be getting to know each other in class, and thinking about what it means to be friends with others.

Me and My Community

As we move into Autumn, we will be spending time in The Dell, sweeping leaves and tidying the area. We have an Apple Festival later in the term where we will be harvesting and doing all kind of creative things with apples!

At Lamerwood, some students will be learning a range of gardening and forestry skills, including building shelters and cooking over an open fire!

We will be thinking of others and what they need as part of our charity fundraising events such as Children in Need.

This term we will be learning about different religions and cultures during our focus weeks

Me and My Sport and Leisure

Students are taking part in regular physical activity throughout the week. In PE lessons we are focussing on being fit and healthy. Activities are designed to enhance mobility, balance and coordination. Everyone is able to swim this term. Some are swimming in deep water at Astley Cooper School, whilst others are using the pool in school.

At lunch time, students have a range of physical activity clubs available to them. Students are encouraged to take part in at least one lunch time club a week. Physical activity clubs currently available to students are football, Boccia and tennis.

How you can help at home

Give your son/daughter opportunities to help with tasks around the home, for example making a simple snack or drink; making cakes or biscuits; putting clothes away, washing up, putting the washing in, pairing socks. Helping with these tasks will help their skills and independence.

Ask them to help with simple cleaning tasks e.g. wiping and setting the table for dinner, washing up, sweeping the floor, using the vacuum cleaner.

Visit places, go to the park, the woods, go for walks (many of the things you do already) encourage them to be as active as possible as it will help keep them healthy and they will learn through these experiences as well.

Encourage turn taking in simple games such as ball games, skittles, taking turns using the same equipment as others, e.g. iPads or Xbox.

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We hope this give you an idea about the sort of things we will be learning about this term.

Any queries please contact the Post 16 team.

Thank you for your continued support
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Paul, Sarah, Emma, Dale Jackie and Jo.

Me and My Functional Skills

In Post 16 we learn functional skills as part of everything we do throughout the week. First thing in the mornings we will be concentrating on tasks to build functional numeracy and literacy skills in preparation for adulthood.