

Me and My Physical Development

In PE this term Class 7 will be learning to work on MAT P skills. This is a Special Olympics Motor Activity Training Programme which is designed to develop motor skills so that adults and young adults can participate in different sport-specific activities. These are then adapted according to abilities. Class 7 will also continue to work on their individual physiotherapy programmes each morning this term with continuing guidance from the Physiotherapists and Occupational Therapists. Some pupils in Class 7 will continue to have 1:1 rebound sessions with the Sports Co-ordinator. These sessions are on a rolling programme and will allow pupils the freedom to move safely, whilst building spatial awareness and independence. Class 7 will be having their hydrotherapy swims during the week and will be learning to move in various ways in the water; experiencing increased independence and mobility. Pupils will also be learning to help with changing for swimming in whatever way is appropriate e.g. lifting limbs, rolling over.

Me and My Communication

Class 7 will be learning to access and enjoy different types of literature during the Autumn Term. This will include visiting the school's new library, choosing and listening to different audio books and exploring different types of literature e.g. magazines and non-fiction. Pupils will make choices in their appropriate ways e.g. eye pointing, reaching, using symbols, using vocalisation. Some pupils will then go onto identify what their favourite genres of literature are. Pupils will also be listening to and looking at sounds and images from the community and interpreting them. This is part of Class 7's Preparation for Adulthood work.

Class 7 will also continue to develop their communication skills throughout the day for example when choosing what they want to eat for snack or dinner, when making choices and decisions during choosing time, when asking for "more" or "finished", though social interactions, intensive interaction sessions and during playtimes. All pupils' individual targets are embedded into the class curriculum and day.

Me and My Creativity

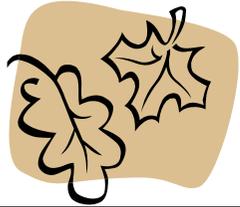
Class 7 will be learning to create their own class magazine during the Autumn Term. Pupils will choose roles for themselves according to their likes and interests (e.g. music editor/food critic.) Each pupil will then contribute to the magazine by making choices about what to include. Pupils will choose by listening to music, tasting foods and looking at pictures and videos. Pupils' responses will be monitored and observed. Pupils will then share their finished product with their chosen audience, e.g. home, friends, and school. Through this session pupils are learning to share likes and dislikes, learning to make choices, learning to find different sources and explore different sources from different media and feel proud about what they have created. Pupils will then go onto create items to be sold for the Autumn Fayre.

MOVE

MOVE is integrated into all aspects of Class 7 life and the Class 7 day. Class 7 will continue to work on mobility skills throughout the day. All pupils have MOVE targets working towards individual goals. Some pupils will be learning to take reciprocal steps towards motivating items or places. These pupils will also be learning to help with their transfers into their walkers, learning to weight bear for increasing periods of time. Some pupils will be learning to move their hands and legs to make things happen such as using one hand to stabilise an iPad whilst the other hand swipes when using an app. Big and small movements will be worked on appropriately. Some of Class 7 will be working on bench sitting and using physio balls to roll and stand with.

Skills for the community will also continue to be focused on this term. For example, some pupils are learning to sit on standard class chairs for short periods of time instead of sitting in their wheelchairs. This is to give pupils the chance to use standard chairs that they might encounter in the community such as in a restaurant or café. Some pupils will be learning to use toilet chairs or will be learning to stand to be changed.

CLASS 7
AUTUMN TERM 2017



How you can help at home

Work on the fine and gross motor skills over-arching targets your child has been set where possible. All of the pupils in Class 7 also have MOVE targets which are listed on their learning pathways. You can work on these at home where possible. You do not need specialised equipment for a lot of these targets. For example, if your child has a target on keeping their head in a midline position you can encourage them to do so during trips out or during family interactions. If your child has a target about reaching for items you can practise with almost anything at home- any movement counts! If you need advice on any of your child's physical development targets do not hesitate to contact myself or the Physiotherapy/Occupational therapy team.

Sharing what your child has been up to over the weekend/ holidays/ evenings helps us communicate with them about what they like/enjoy and their family lives. This will also form some of the work during our 'Me and My Relationships' Story Sharing work this Autumn.

Visit your local library and share with us what stories/books/magazines/music your child is enjoying!

Any queries please contact the Class 7 team.

Thank you for your continued support ☺

Natalie, Zoey, Ivana, Hollie, Shireen, Michael, Tony

Me and My Community

Class 7 will be learning to make choices in the community during the Autumn Term. This will include visits to the local shops and coffee shops. Pupils will be learning to make choices and find and pay for items from shopping lists. Some pupils are learning key travel training skills such as self-propelling, following instructions, pressing the button at the crossing and learning when it is safe to cross roads. Pupils will also be learning to look after their school community. They will be working on their ISEC skills of planning and preparing for events and trying new activities. They will make choices about what they want to learn and where they want to work on this e.g. planting seeds, watering plants, litter picking, tidying away equipment or feeding the birds.

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Me and My relationships

Class 7 are continuing to work on story sharing work this term. This is a session which allows pupils to share thoughts and feelings in a trusted group. Pupils will initially share what they did over the summer holidays. They will then move onto sharing about their school journey so far and then how they feel about their class/classroom/school. This will allow pupils to learn to offer opinions, make plans and develop their sense of community. The sessions will also link with the work of the school council. Pupils will use appropriate communication aids during these sessions e.g. switches, Clicker Grids, eye pointing, photos, vocalisations and symbols.

Pupils will also be learning body awareness and sex and relationship education over the term. For some pupils this will involve developing awareness of their bodies through massage and Tac Pac. For some pupils this will cover body changes e.g. body hair and odours. This will be delivered in small, differentiated groups which will only cover what is appropriate to the individual group.

Me and My Maths

Class 7 will be learning to visually discriminate during the Autumn Term. For some this will involve using search skills to locate favoured items (e.g. light toys/headphones) against dark surfaces and next to unmotivating objects. When locating items, pupils will learn to reach, hold and explore. Some of Class 7 will also be learning to create and pack their own wash bags. Pupils will make choices about the items they want to pack (e.g. what deodorant/what face wash) and will then follow instructions to count out the correct quantities e.g. 1 toothbrush, 5 hair clips, 2 flannels. Pupils will then be able to use the items they have packed.

In cooking this Term pupils will be learning to make savoury dips such as Hummus, Guacamole and Salsa. Some pupils will be learning to follow instructions and recipes in order to direct the adults on what to do (e.g. add oil) Some pupils will be learning to count out ingredients themselves by scooping and pouring (e.g. add 3 spoons of chickpeas.) Some pupils will be learning cause and effect when using food blenders. They will learn to consistently use switches to operate this equipment. This will link to pupils' individual Routes for Learning targets.